

HAMILTON CITY BALLET

Schedule for 2025 - 2026

Grand Hall

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:00 - 10:45 Moms & Tots
5:00 - 6:15 Junior Ballet 1/2/3 (ages 6-8)	5:00 - 6:30 Ballet 2/3 (ages 10-11)	5:00 - 6:00 Pre-Ballet (ages 4-5)	5:00 - 6:30 Ballet 3/4 (ages 11-13)	5:00 - 6:15 Junior Ballet 2/3 (ages 7-8)	11:00 - 12:00 Pre-Ballet (ages 4-5)
6:30 - 7:30 H.A.P.A. Musical Theater Jr. (ages 8-11)	6:30 - 8:00 Ballet 3/4 (ages 11-13)	6:00 - 7:30 Ballet 1/2 (ages 9-10)	6:30 - 8:00 Ballet 5/6 (ages 14-16)	6:15 - 7:00 Pilates Beginner/ Intermediate (ages 13+)	12:00 - 1:15 Junior Ballet 1/2 (ages 6-7)
7:30 - 8:30 H.A.P.A. Musical Theater Sr. (ages 12-14+)	8:00 - 8:30 Pointe 3/4	7:30 - 8:30 Senior Jazz (ages 14+)	8:00 - 8:30 Pointe 5/6	7:15 - 8:00 Pilates for Dancers (ages 13+)	1:30 - 3:00 Ballet 2/3 (ages 10-11)
					3:00 - 3:30 Pre-Pointe 2/3

UPDATED August 2025

Please note: Schedule is subject to change

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Ballet Room

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					10:00 - 11:30 Ballet 7/8 (ages 16+)
	H.A.P.A. Classes		H.A.P.A. Classes		11:30 - 12:00 Pointe 7/8
5:00 - 6:30 Ballet 6/7 (ages 15+)	4:30 - 5:30 Historical/ Character Dance (ages 9+)	5:30 - 7:00 Ballet 7/8 (ages 16+)	5:30 - 6:30 Contemporary Sr. (ages 14+)	5:00 - 6:30 Ballet 6/7/8 (ages 15+)	12:00 - 1:00 Repertoire/ Variations
6:30 - 7:00 Pointe 6/7	5:30 - 7:00 Ballet 1 (age 9)	7:00 - 7:30 Pointe 7/8	6:30 - 7:30 Contemporary Int. (ages 9-13)	6:30 - 7:00 Pointe 6/7/8	1:00 - 2:30 Ballet 5/6 (ages 13-15)
7:00 - 8:30 Adult Intermediate 1 Ballet (ages 18+)	7:00 - 8:30 Adult Advanced Ballet (ages 18+)	7:30 - 9:00 Adult Beginner Ballet	7:30 - 9:00 Adult Intermediate 2 Ballet (ages 18+)	7:00 - 8:30 Level 4/5 (ages 12-14)	2:30 - 3:00 Pointe 5/6
8:30 - 9:00 Adult Intermediate 1 Pointe	8:30 - 9:00 Adult Advanced Pointe		9:00 - 9:30 Adult Intermediate 2 Pointe	8:30 - 9:00 Pointe 4/5	

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Garden Level Studio

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
H.A.P.A. Classes					
		5:00 - 6:00 Jazz Intermediate (ages 9-13)	5:00 - 6:30 Ballet 2 (age 10)		
6:15 - 7:15 Stretch + Conditioning + Cardio for Dancers (all ages)		6:00 - 7:00 Jazz Junior (ages 6-8)			
7:15 - 8:00 Stretch + Conditioning + Cardio for Athletes		7:30 - 8:30 Teen Beginner Ballet (ages 12+)			

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